

CoMHWA's Approach to Guardianship and Administration Hearings

Supported Self-Advocacy

At CoMHWA, we support people with psychosocial disability or mental health challenges to speak up for themselves at the State Administrative Tribunal (SAT) through **supported self-advocacy**. This means you stay in control, making your own decisions and speaking for yourself. Our peer advocates provide non-legal support to help you navigate the process.

If you are the subject of a Guardianship and Administration application, you have a right to have your views and wishes heard.

Our peer advocates work alongside you by bringing their skills and knowledge to support the issue you're dealing with. We listen without judgment and take the time to understand your perspective. We then support you to take action and have your voice heard.

You are always the decision-maker. Our role is to empower you to take part in the process as fully and confidently as possible.

We can support you by:

- Helping you understand the issue and what you want to achieve
- Explaining how SAT works and what to expect at your hearing
- Reading and helping you to understand documents
- Completing forms or drafting submissions
- Planning what you want to say
- Communicating your thoughts and views clearly

This kind of support can:

- Make the tribunal process easier to understand and engage with
- Help ensure your voice is heard and respected

An Advocate can help you to understand and exercise your rights.
For more information contact:



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