

# Upcoming In-Person Training at CoMHWA

August – December 2024

CoMHWA's training workshops are **FREE for individual members** – sign up via our website:  
[comhwa.org.au/membership](http://comhwa.org.au/membership)

For enquiries and bookings please contact [education@comhwa.org.au](mailto:education@comhwa.org.au) or 9258 8911

Date	Program	Time
Thurs 22 <sup>nd</sup> August	Intentional Disclosure for Peer Workers	10.30am – 3.30pm
Thurs 5 <sup>th</sup> September	Introduction to Peer Group Facilitation	10.30am – 2.00pm
Thurs 24 <sup>th</sup> October	<b>Find Your Path Build Your Supports Team</b>	10.30am – 2.00pm
Thurs 7 <sup>th</sup> November	<b>Introduction to Consumer Representation</b>	10.30am – 3.30pm
Thurs 5 <sup>th</sup> Dec	<b>What Recovery Framework Works for Me</b>	10.30am – 3.30pm

We can also provide targeted and specialised training for organisations both onsite and online.  
Partial subsidies are available for Associate Members – call us to find out more.

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Online Workshop	What to Expect
<p><b>Intentional Disclosure For Peer Workers</b></p>	<p>This workshop addresses the importance of purposeful lived experience sharing in Peer Work roles and consumer representation. Key elements and aspects of sharing lived experience safely, ethically and effectively considering a trauma-informed and recovery-based approach are discussed.</p>
<p><b>Introduction to Peer Group Facilitation</b></p>	<p>Learn planning and facilitation skills and strategies to facilitate a Peer support group. Find out how to manage difficult and disruptive behaviours while building your confidence in a supportive learning environment.</p>
<p><b>Find your Path and Build your Support Team</b></p>	<p>This workshop builds participants' confidence to put together a network of services and supports from what is available in a way that best meets individuals' well-being needs.</p>
<p><b>Consumer Representation</b></p>	<p>Gain skills in consumer representation, recovery rights, advocacy advisory groups and committee skills, and learn how to use your lived experience of mental health to help others.</p>
<p><b>What Recovery Framework Works for Me</b></p>	<p>This workshop uses the Mad Studies approach to explore alternative frameworks to the concept of psychiatric diagnoses. If the label of being 'mentally ill' does not fit how you see yourself – this workshop is for you.</p>

For further information contact:



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