

Expression of Interest for the WA Peer Workforce



Peer Supervision Training

July – November 2024

- EOI opens 25th July 2024
- **EOI closes 6th August 2024**
- Applicants notified: 9th August 2024
- Course commences: 27th August 2024
- Course completes: 17th December

Course Information

This course is currently being offered FREE as part of the WA Mental Health Commissions commitment to supporting the Lived Experience (Peer) Workforces.

This is an intensive and fast paced course which provides training in Peer to Peer - discipline specific supervision (as distinct from line management or clinical supervision), by and for, the mental health consumer/Peer Workforce in Western Australia. As far as we are aware, it is the first of its kind to be delivered in Western Australia.

The course is heavily practice and reflection based, thus your active participation in all sessions is important. The training is also heavily grounded in social justice principles, which can be personally challenging for some people. Therefore, it is important you allocate enough time and support outside of scheduled sessions to allow for both reflection and self-care. Please take this into consideration when deciding whether now is the right time for you to be undertaking the training.

The training will include a mixture of:

- Weekly online Training via MS Teams **4pm – 8.30pm**
- Reflective practice homework and mandatory reading activities to be completed outside of class time (approx. 2 hours per week)
- Assessments: to be completed both within and outside of class time

ELIGIBILITY CRITERIA

To be eligible to be considered for this course, you must be able to demonstrate that you meet all the criteria below.

1. Course participants have demonstrated experience working from a [Consumer Perspective](#), in a lived experience role or roles within the WA mental health sector (minimum 1 year's recent experience).
2. Course participants must demonstrate that they currently support or provide discipline- specific supervision to consumer/Peer Workers or are in the process of building their capacity to do so in the future.
3. Course participants must be able to commit to attending at least **80%** of all online sessions, as well as completing all required assessments.
4. Course participants must be willing to lean into vulnerability and unpack their thinking and frameworks in class through role plays and feedback discussions (where they will explore their biases, assumptions, privilege and power etc.)
5. Course participants are regularly applying reflective practice in their professional role.
6. Course participants must be willing to participate in classroom discussions, role plays and self-reflection.
7. Course participants have reliable access to the internet, MS Teams, and a relatively quiet and private space for the course sessions.
8. Course participants are able to commit to actively being part of the overall course evaluation and feedback process.

Course duration and times

- The Peer Supervision Training will be run online weekly on **Tuesdays, 4pm-8.30pm**. Course will commence 27th August 2024. (Please refer to the Course Schedule at the end of this document for further details).
- You will be expected to complete ongoing learning outside of course time. Three practical assessments will occur in class, but some written responses will be required

to be completed in your own time. Reasonable adaptations are available, upon request.

- Course dates, times and content may be subject to changes or to minor variations. We will always notify people as soon as possible if this is to occur and consult where possible.

Assessments

Further information on assessments will be provided in Session 1. You must be deemed “competent” in all assessments to pass this course.

Access needs

If you have any access requirements that we have not taken into consideration and may prohibit you from attending the training, please get in contact. We will do our best to amend the training.

Course Trainers

Trish Tran & Julian Robinson will be facilitating this training. Each bring a wealth of knowledge and skill which will enrich student learning.

We are also aiming to have several guest facilitators join us for certain aspects of the course.

If you are interested in applying for the Training:

Please respond with a cover letter outlining how you meet the eligibility criteria.

Email your completed EOI to admin@comhwa.org.au

Applications close 11:59pm 06/08/2024

All applicants will be notified of the outcome of their application via email by 5pm on the Friday 9/8/2024. **It is essential that you only accept this opportunity if you have capacity to attend all the dates outlined in the course schedule.** For any course inquiries or questions please contact Trish Tran or Vince Alessandro at CoMHWA.

Course Schedule

Sess#	Title of Session	Day	Date
1	Orientation and background to peer supervision	Tuesday	27-Aug
2	Working with Diverse Populations: WPR Approach	Tuesday	3-Sep
3	Lived Experience unpacked	Tuesday	10-Sep
4	Negotiating the parameters of peer supervision	Tuesday	17-Sep
5	Open session for co-reflection (not mandatory)	Tuesday	24-Sep
6	Exploring frameworks and tools for reflexivity	Tuesday	1-Oct
7	Addressing systemic and workplace issues within supervision	Tuesday	8-Oct
8	Ensuring ethical practice and justice doing	Tuesday	15-Oct
9	Responding to distress and trauma as a supervisor	Tuesday	22-Oct
10	Open session for co-reflection (not mandatory)	Tuesday	29-Oct
11	Working through common challenges	Tuesday	5-Nov
12	Co-evaluating peer supervision	Tuesday	12-Nov
13	Open session for co-reflection (not mandatory)	Tuesday	19-Nov
14	Facilitating group co-reflective spaces	Tuesday	26-Nov
15	Practical considerations for supervision & Group Reflections	Tuesday	3-Dec
	Gap Week		10-Dec
16	Graduation	Tuesday	17-Dec

Please note session subjects are subject to change, you will be informed in advance of any potential changes.